

How often do you practice the following? (Applicants who have not attended Arhatic Yoga need to answer only questions 1 and 5 - please do not answer the other questions)

- | | |
|-------------------------------------|---------------------------------------------------|
| 1) Meditation on Twin Hearts | Daily / Twice a Week / Thrice a Week / Weekly |
| 2) Meditation on the Inner Breath | Daily / Twice a Week / Thrice a Week / Weekly |
| 3) Meditation on the Soul | Daily / Twice a Week / Thrice a Week / Weekly |
| 4) Arhatic Dhyan | Daily / Twice a Week / Thrice a Week / Weekly |
| 5) Any other Meditations (Specify) | Daily / Twice a Week / Thrice a Week / Weekly |
| 6) Physical and Breathing exercises | Twice a day / Daily/ Twice a Week / Thrice a Week |
| 7) Sublimation of Sex Energy | Twice a day / Daily/ Twice a Week / Thrice a Week |
| 8) Character Building | Daily / Twice a Week / Thrice a Week |

How many hours of service do you do in a week?
(Please mention the place(s) where you do the service)

How often do you tithe to a Pranic Healing Organisation? Weekly / Monthly / Yearly

Which Pranic Healing Organisations do you tithe to? Mulshi Ashram / All India Foundation /
World Foundation / Local Foundation /
Association

Names of recommended books you have read (As given in the Basic Book or Arhatic Notes)

Which other courses of Master Choa Kok Sui have you attended? (e.g. Crystal Healing etc.)

What other Programs of Personal growth / meditation have you attended?

Why do you want to attend this seminar?

DISCLAIMER

I am participating in this Seminar at my own risk and my own free will. I take full responsibility for participating in this program. I release the instructors, all organisers and assistants of this seminar from all damages whatsoever and waive all rights to compensation in case of injury. I declare that I am physically and mentally able to participate in this seminar and will keep confidential all the proceedings. I verify that the information given above is true to best of my knowledge.

I am enclosing cash / DD No. _____ dated _____ drawn on (name of the bank) _____ for Rs. _____ being the fees for participation in this seminar.

Dated: _____

Place: _____

SIGNATURE